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# Ageing with HIV conference





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# Day 3: Development and co-morbidities

« we must not allow pockets of success to result in professional apathy »

## **Observations**

Importance of early ART in context of cognitive function, hepatitis, malignancies, cardiac lesions ...

Early testing, improved access, ... give better future QoL and health (there is a positive future)

## **Action points**

More research, more involvement, better access to services  
Early access to treatment, care, testing



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# Day 3: sexual and reproductive health

« fuck without fear »

« healthy, happy, hot »

## Observations

Know your rights

Know what to do when things go wrong

Allow young people access to all services when they have sex

## Action points

We need to work on disclosure to partners

We need to support health professional to talk about sex with PLHIV

Educate and inform (sexual life, PrEP, ...) professionals and PEERS



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# Day 3: adherence and doctor-patient relationship

« how do YOU feel »

« HIV can not be the first question »

## **Observations**

Confidentiality, consent, capacity

People with chronic conditions show increased risk behaviour

Repeat your messages at regular times (ART is not everything)

Main barrier is normal life

## **Action points**

Bring peer support into the care setting

Support peers in providing support

Collect good practices



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## Day 3: summary

Function, Family, Fitness, Fun, Friends, Future



Educate, Empower, Engage, Exchange (experience), Enable (early access), Expand (research, knowledge)